

Mary Curry Narayan, MSN, APRN, BC, CTN

**Home Health Nursing Clinical Specialist
Transcultural Nurse Specialist
Nursing Education Consultant**

**10340 Brittenford Drive, Vienna, VA 22182
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Education

- MSN George Mason University, Fairfax, VA. Diploma awarded May, 1997
Advanced Nursing Practice and Transcultural Nursing
Sigma Theta Tau Nursing Honor Society. Graduated with highest honors.
- BSN Cornell University-New York Hospital School of Nursing, New York, NY.
Program for College Graduates. Diploma awarded, with honors, May 1975
- BA Trinity College, Washington, DC. Liberal arts major. Diploma awarded May, 1972

Professional Development

Clinical Nurse Educator Academy. George Mason University. Certificate awarded June, 2006.

Faculty Development Program for Clinical Teaching. Georgetown University & Inova Fairfax Hospital's Training Program. Certificate awarded May 2003.

Education for Physicians in End of Life Care (EPEC) Train the Trainer Course. Certificate May, 2001.

Certification and Licensure

Clinical Specialist, Home Health Nursing (APRN,BC), certified by American Nurses Credentialing Center, Certification current to 2008.

Certified Transcultural Nurse (CTN), certified by the Transcultural Nursing Society. Certification current to 2009.

Registered Nurse, Board of Nursing, Commonwealth of Virginia. License current to 10/2008.

Clinical Nurse Specialist, Board of Nursing, Commonwealth of Virginia. Certification current to 10/2008.

Current Professional Activities

**5/2001 – Present Educator, Consultant and Clinical Specialist
10340 Brittenford Drive, Vienna, VA 22182**

- Adjunct Faculty, George Mason University's College of Nursing and Health Science, serving as clinical instructor in Community Health Nursing.
- Senior Consultant, Visiting Nurse Service Network, Chantilly, VA. Provide education and quality services to home health agencies, including orientation and staff development programs. Assist agencies achieve and maintain Medicare certification. Provide liaison services, helping transition hospital patients to home health care. Duties include assisting a start-up home health agency to successfully achieve Medicare certification.
- Author of *Home Health Care Patient Education Manual* (2003, 2004 Delmar Publishers), a patient education resource for low literacy and Spanish-speaking patients.
- Editorial Review Board of *Home Healthcare Nurse*, official journal of the Home Healthcare Nurses Association and the clinical journal for the Visiting Nurses Associations of America. Developmental Editor (2003 -2005, Mentored new authors in developing articles for publication.) Columnist for *Home Healthcare Nurse* on the activities of the Home Healthcare Nurses Association (1998-2000)
- Education content designer for Delmar-Thomson's Online-Web Education Program on *Culturally Competent Care* and *Telephone Triage for Home Care*.
- Reviewer for the *Nurse Education, Practice and Retention Grant Applications, Health Resources and Services Grants Programs*, U.S Department of Health and Human Services.
- Education Consultant, Professional Healthcare Resources, Annandale, VA. Provide new employee education about Medicare standards, OASIS purposes and completion, and excellence in home health practice.
- Education Consultant, Physical Assessment Course, ongoing nurse training course at Northern Virginia Mental Health Institute, Falls Church, VA.
- Author of multiple journal and chapter articles on cultural competence and home health nursing.
- Presenter at regional and national conferences and programs, especially on culturally competent healthcare.
- Speaker with the Hospice, Palliative, and Home Care Speakers Bureau.
- Expert opinion and testimony for home health malpractice cases.

Past Employment

**5/2002 –7/2003 Inova Learning Network, Inova Health System
3300 Gallows Road, Falls Church VA 22042**

Education Coordinator for large integrated health care system providing orientation and staff development services.

- Designed, coordinated and presented the *Cultural Competence Symposium 2003*.
- Provided orientation and inservice education on multiple clinical topics.
- Developed on-line learning modules that awarded CEU units to achieve quality education without reducing staff productivity.
- Served on multiple system-wide committees including Multicultural Task Force, End of Life Committee, Research into Practice Committee, Policy and Procedure Council, and patient education committee.

**9/1981-5/2002 Inova VNA Home Health (formerly, Visiting Nurse Association of Northern Virginia)
5701-D General Washington Drive, Alexandria, VA 22312 703-321-6000**

Served for over 21 years at the largest home healthcare agency in Northern Virginia in a variety of roles including:

- Education Coordinator Provided new employee orientation, staff inservices and competencies.
- Project Leader Led several quality improvement initiatives.
- Cardiac Team Manager Led an 8 person team in the care of CHF and CABG patients as interim manager
- Clinical Supervisor Coordinated weekend and holiday care providing telephone triage and nurse support
- Case Manager Carried caseload of home care and hospice patients.
- Specialty Nurse Delivered triage services and direct patient care between 8 pm – 8 am including intravenous and hospice services.

1979-1981 St Mary's Mission, St. Mary's, Alaska 99658.

Joined a service organization and became the sole professional health care provider in a remote Eskimo village.

- X Provided primary and emergency health services to village population
- X Taught health and vocational classes in Mission high school
- X Developed and presented drug, alcohol and accident prevention programs

1975-1979 Clinical Center, National Institutes of Health, Bethesda, MD 20005.

Staff nurse for patients of the National Heart, Lung and Blood Institute and the National Cancer Institute

- X Provided direct patient care for pulmonary, hematology, and pediatric oncology patients
- X Served as charge nurse on evening, night and weekend rotations.
- X Developed preceptor program and acted as preceptor for new pediatric oncology nurses.

Professional/Community Activities

- X American Nurses Association, Washington, DC
 - o Scope and Standards Taskforce for Home Health Nursing Practice, 2005 – present
 - o Credentialing Center’s Content Expert Panel, Clinical Specialist-Home Health Nursing certification exam, 1999 - 2005.
 - o Credentialing Center’s Role Delineation Study to define the role of clinical nurse specialists, 2003 - 2004.
 - o Member, 1990 – present

- X Home Healthcare Nurses Association, Washington, DC
 - o HHNA Representative to the American Academy of Nursing's Conference on *Innovative Solutions to the Nursing Shortage: Using Technology to Enhance Patient Care Delivery* (2002).
 - o HHNA Representative to the American Nurses Credentialing Center (1999 – 2005)
 - o Executive Board (1998 – 2000)
 - o Editor, Core Curriculum (1999 – 2001)
 - o Nominating Committee (2001 – 2002)
 - o Member (1996 – present)

- X Healthy Families Fairfax Advisory Council, Fairfax County, VA
 - o Chair, Advisory Council (appointed March 2006)
 - o Chair, Education and Outreach Taskforce (2002 – present)
 - o Advisory Council Board Member (2002 – present)

- X National Nurse Response Team – Commissioned (in reserve) to the National Disaster Medical System, service in the event the United States is attacked with biological weapons (2003 – present)

- X Fairfax County Virginia Medical Reserve Corps – Volunteer to local public health emergency response team (2005 – present)

- X Giving Circle of HOPE. Founder and Board Member of philanthropy and service organization established to meet the needs of the poor and underserved of Northern Virginia (2003 – present). Group has won several service awards including:
 - o Reston Times Citizen of the Year Award (2004)
 - o Reston Interfaith Service Award (2004)
 - o Volunteer Fairfax Award for the best service group (2005)
 - o Best of Reston Award (2006).

- X Reston Interfaith, Reston, VA. Community service organization meeting the hunger, housing and advocacy needs of vulnerable populations in the community.
 - o Executive Board (2003 – 2004)
 - o Board Member (2001 – present)
 - o Advocacy Committee (2001-present)
 - o Leadership Redesign Taskforce (2003)

- X Fairfax County Virginia Task Force for Long Term Healthcare Needs of Diverse Populations (2000)

- X Sigma Theta Tau, Nursing Honor Society (1996 – present)

- X Transcultural Nursing Society. (1996 – present)

- X Virginia Nurses’ Association (1990 – present), Delegate VNA Annual Meeting, (1998 – present)

Publications related to Home Health Care

- X **Diagnosis: Tuberculosis** (2006). *Home Healthcare Nurse*, 24(4) 236-246. Co-authored with Susan Fay.
- X **M0520: Is Leaking Really Incontinence** (2004). *Home Healthcare Nurse*, 22(9) 612-621. Co-authored with Carmen Sterling Fisher.
- X **Nurse, Heal Thyself (of Osteoporosis)!** (2004). *Home Healthcare Nurse*, 22(4), 226-234. Winner of the Bronze Award for Best Feature Article. Awarded by American Society of Healthcare Publication Editors, April 2005.
- X **Home Healthcare Patient Education Manual** (2003). New York: Aspen. Patient education resources for low-literacy and Spanish-speaking patients.
- X **Have You Mastered PPS?** (2002). *Home Healthcare Nurse*, 20(5), 308-317. Co-authored with J. Sienkiewski.
- X **Outcomes Based Quality Improvement: Data Collection Basics and Application**, *Home Healthcare Nurse*, 20(8), 503 – 508.
- X **Searching for Nursing's Future: the Future Search Process for Turning Vision into Reality** (2002). *Nursing Management* 33(1), 26 - 30. Co-authored with K. Rea, M. Cressy, J. Rogers, B. Preuss, K. Drenkard, & M. Miklancie.
- X **OASIS Voice Mail Inservices** (2001). *Home Healthcare Nurse*, 19(9), 542 – 549.
- X **Policies and Procedures** (2001). In Neal, L. (Ed.). *Core Curriculum for Home Healthcare Nurses*. Washington, DC: National Association for Home Care.
- X **Telephone Triage: Emerging Specialty in Practice** (1999). *Home Care Nurse News*, 6(7), 1, 5-6.
- X **Telephone Triage in Home Care** (1999). *Home Health Care Consultant*, 6(1), 35-38. Co-authored with J. Tennant.
- X **The Anchor Model: Home Care in the Integrated Care System** (1999). *Caring*, January, 1999, 14-15. Co-authored with B. Trask.
- X **Writing for Publication** (1998). *Home Healthcare Nurse*, 16(11), 773-775.
- X **Telephone Triage for Home Care** (1997). Gaithersburg, MD: Aspen. Co-authored with J. Tennant, L. Benedict, K. Morrison, & C. Peyton.
- X **Environmental Assessment** (1997). *Home Healthcare Nurse*, 15(11), 799-805. Co-authored with J. Tennant
- X **An Innovative Night Service Program in Home Care** (1997). *Home Healthcare Nurse*, 15(5), 318-324. Co-authored with J. Tennant.
- X **Wellness...For Nurses By Nurses** (1997). *American Journal of Nursing*, 97(5). Co-authored with J. Tennant, C. Farmer, M. Larose, J. Lindsay & L. Marchessault.
- X **Achieving Success in Home Care through the Self-Directed Work Group Approach** (1996). *Home Healthcare Nurse*, 14(11), 865-872. Co-authored with J. Tennant, M. Larose, J. Grumbly, & L.

Marchessault.

Presentations related to Home Health Care

JCAHO's Home Health Standards for Culturally and Linguistically Diverse Patient Populations: National Association for Home Care Conference, Baltimore MD, October 2006.

Cultural Competency in Home Healthcare Marketing. *Home Health Line's* Power Home Health Referrals: Advanced Marketing Strategies. Las Vegas, February 2004

Meeting the National Standards for Culturally and Linguistically Appropriate Services in Home Health Care. National Association for Home Care. Orlando. October, 2003.

Cultural Diversity: Policies, Regulations and Accreditation. PRIDE Institute's 21st Annual Conference on Home Care, New York, New York, October 2002.

Standards for Culturally and Linguistically Appropriate Services: Is Your Staff Competent? Virginia Association for Home Care. Falls Church, VA, May 2002.

Innovations in Orientation to Home Care: Responding to PPS. National Association for Home Care/Home Healthcare Nurses Convention. Las Vegas, Nevada, October 2001.

Home Healthcare: A Patient Continuing Education Resource. Inova Health System, Falls Church, Virginia, 2001.

Cultural Competence for Home Health Nurses. National Association for Home Care. New Orleans. 2000.

The Heart Failure Patient: Breaking Barriers to Achieving Outcomes with Home Care. Patient Care Redesign Conference: The Heart Failure Patient. Inova Health System, Falls Church, Virginia. October 1998.

Telephone Triage in Home Care: National Association for Home Care Convention, Boston, MA, October, 1997; Home Healthcare Nurses Association Convention, Indianapolis, IN, April, 1998 & Washington, D.C., April, 1997.

A VNA Extended Services Program: Providing 24 Hour Care Profitably Through Self-Directed Work Groups. Home Healthcare Nurses Association Convention. Chicago, Illinois. April 1996.

Seeking Success through the Self-Directed Work Group Approach. Visiting Nurse Associations of America Clinical Workshop. Fort Lauderdale, Florida. November 1995.

Publications related to Culturally Competent Care

Providing Culturally Comfortable Care to Patients of Diverse Religious Traditions. Series editor for 8 articles. *Home Healthcare Nurse*, 2005 – 2006.

Culturally Relevant Mental Health Nursing (2006). In E. M. Varcarolis, V. B. Carson, and N. Shoemaker, (Eds.), *Foundations of Psychiatric Mental Health Nursing: A Clinical Approach, Fifth Edition*. St. Louis: Elsevier.

Meeting the Need for Culturally and Linguistically Appropriate Services (2005). In Harris, M. (Ed). *Handbook of Home Care Administration*. Sudbury, MA: Jones & Bartlett.

Cultural Assessment and Care Planning (2003). *Home Healthcare Nurse*, 21(9), 611– 618.

The National Standards for Culturally and Linguistically Appropriate Services in Health Care (2002). *Care Management Journals*, 3(2), 77-83 Winter 2002.

Six Steps to Cultural Competence: A Clinician's Guide (2002). *Home Health Care Management & Practice*, 14(5), 378-386.

Cultural Competence in Home Care (2001). In Neal, L. (Ed.) *Core Curriculum for Home Healthcare Nurses*. Washington, DC: National Association for Home Care.

Communication across Cultures (2001). In G. Redmond & J. Sorrell (Eds.), *Community-Based Nursing*. Philadelphia: Davis. Co-authored with R. Brinkus.

Culturally Competent Health Care in the Home (2000). *Home Care Provider*, 5(6), 213-219. Co-authored with J. Campinha-Bacote.

Nursing Across Cultures: The Vietnamese Client (1998). *Home Healthcare Nurse*, 16(10), 693-700. Co-authored with J. Lindsay and K. Rea.

Cultural Assessment in Home Care (1997). *Home Healthcare Nurse*, 15(10), 663-672.

Nursing Across Cultures: The South Asian Client (1997). *Home Healthcare Nurse*, 15(7), 460-469. Co-authored with K. Rea.

Use of Complementary Therapies by Cancer Patients (1996). *Nursing Connections*, 9(4), 3-12. Co-authored with M. Abu-Realh, G. Magwood, C. Rupprecht, & M. Suraci.

Presentations related to Culturally Competent Care

Culturally Comfortable Care for the Patient and You! To Comfort Always 17th Annual Conference, Minneapolis, MN, November 2006.

JCAHO's Home Health Standards for Culturally and Linguistically Diverse Patient Populations: National Association for Home Care Conference, Baltimore MD, October 2006.

Delivering Culturally Competent End-of-Life Care. The Florence Wald Annual Educational Conference and Exposition, Westbrook, Connecticut, September 2006.

How to Provide Culturally Comfortable Care. Series of presentations to Mary Washington Hospital, Home Care and Hospice staff. Fredericksburg, VA, June 2006.

Presentations related to Culturally Competent Care (continued)

Pain Assessment and Management for Patients of Diverse Cultures. Nursing Grand Rounds, University of Pittsburgh Medical Center. Pittsburgh, October 2005.

The Culturally Diverse Perinatal Patient. Magee Women's Hospital Annual Conference. Pittsburgh, October 2005.

Targeting Culturally Diverse Patient Populations: Program Development and Marketing Needs. National Association for Home Care. Seattle, October 2005.

Culturally Diverse Patient Populations: Opportunities and Needs. Pennsylvania Home Care Association Annual Meeting. Harrisburg, Pennsylvania. May 2005.

Cultural Issues and Breastfeeding. Lactation Educator Training Program. Inova Health System. Falls Church Virginia. May 2005, November 2005, April 2006.

Intravenous Therapy in Culturally Diverse Patient Populations. Intravenous Nursing Society's Annual Conference. Salt Lake City, May 2004.

Maternal-Child Nursing and Culturally Congruent Care. Prince William Hospital's Symposium on Celebrating Culturally Competent Care. Manassas, VA, March 2004.

Cultural Competency in Home Healthcare Marketing. *Home Health Line's* Power Home Health Referrals: Advanced Marketing Strategies. Las Vegas, February 2004

Ethical Palliative Care for Diverse Patient Populations. Annual Palliative Care Conference. Hospices of the National Capital Region. Falls Church, VA, October 2003.

Caring for Culturally Diverse Patients Symposium. Coordinated symposium and delivered presentations: Continuum of Beliefs, Values, and Practices across Cultures, Cultural Assessment and Care Planning, and Keys to Cultural and Linguistic Competence. Inova Health System, Falls Church, Virginia, February 2003.

Meeting the National Standards for Culturally and Linguistically Appropriate Services. National Association for Home Care. Orlando. October, 2003.

Cultural Diversity: Policies, Regulations and Accreditation. PRIDE Institute's 21st Annual Conference on Home Care, New York, New York, October 2002.

Standards for Culturally and Linguistically Appropriate Services: Is Your Staff Competent? Virginia Association for Home Care. Falls Church, VA, May 2002.

The Impact of Culture on Pain Assessment and Management. Medical-Surgical Seminar Day, Inova Health System, Falls Church, Virginia, 2002.

Cultural Competence for Home Health Nurses. National Association for Home Care. New Orleans. 2000.

Culturally Competent Care: A Skill for the Next Millennium. Keynote address to the American Pacific Nurses Leadership Conference. Saipan, Northern Marianas Islands, June, 1999.

Cultural Dimensions of Dementia. Alzheimer's Conference. Georgetown University. June, 1998.

Presentations related to Culturally Competent Care (continued)

Culturally Competent Care: A Skill for the 21st Century. Home Healthcare Nurses Association Convention. Indianapolis, Indiana. April, 1998.

The Importance, Characteristics, and Effects of an Inservice on Culturally Competent Care. Poster presentation. University of Michigan's Nursing Symposium on Home Health Care. June 1997.

Dying, Grieving, and Mourning in Diverse Ethnic and Religious Cultures. George Mason University. May 1997.

Awards

Bronze Award for Best Feature Article. Awarded by American Society of Healthcare Publication Editors, April 2005. For "Nurse, Heal Thyself," *Home Healthcare Nurse*, 22(4).

Outstanding Service Award for 2000. Inova VNA Home Health, 2000.

Quality Leadership Award (For outstanding PI project.) Inova Health System, December 1999.

Nursing Spectrum, Baltimore-Washington, DC Region, Award for Nursing Excellence, May 1998.

Heart of Hospice Award, awarded by Inova VNA Hospice for exceptional contribution, October 1997.